

Nightwood Theatre

Access Guide

Nightwood Theatre  TARRAGON THEATRE

ENORMITY, GIRL, AND THE EARTHQUAKE IN HER LUNGS

by Chelsea Woolley
Directed by Andrea
Donaldson



Photo of Liz Der, Vivien Endicott-Douglas, Philippa Domville, and Sofia Rodriguez by Dahlia Katz.

Welcome!

The team at Nightwood Theatre is so excited for you to join us at Nancy & Ed Jackman Performance Centre for 'Enormity, Girl, and the Earthquake in Her Lungs'. Below is some helpful information about the show and the venue to help prepare you for your visit.

The Show

Time stands still as Vic crash-lands in a women's shelter. The more she tries to listen to her inner voice, the more the fractured perspectives of her personified mind clamour to be heard. Enormity offers a highly physical, fresh, and unexpectedly comedic take on a woman in her 20s seeking refuge.

Enormity, Girl, and the Earthquake in Her Lungs was developed in Nightwood Theatre's esteemed Write from the Hip program, marking a 10-year collaboration for celebrated artists Chelsea Woolley (playwright) and Andrea Donaldson (director).

Run Time

90 minutes, with no intermission

Seating

Seating is general admission. Feel free to grab a seat wherever you'd like! Accessible seating requests can be sent to boxoffice@jackmanperformance.ca prior to the show.

Latecomer Policy

Latecomers are permitted at a suitable time in the show, determined by the Front of House Team.

Exiting and Re-Entering

Audience members are welcome to exit and re-enter performance hall throughout the entire show. There will be ushers stationed on either side of the audience to assist.

Content Warnings

- Physical Violence
- Child Abuse, Mental and Physical
- Chronic, Long-term Abuse
- Inappropriate Student Teacher Relations
- Discussion around Statutory Rape
- Self-Harm and Trichotillomania
- Panic Attacks
- Trauma Blocking / Dissociative Amnesia
- Suicidal Ideation
- The Mental Healthcare System
- Anxious Attachment Disorder
- Discussion Around
 - No Contact Parental Relationships
 - Homelessness
 - Women's Shelters
 - Cycle of Codependency
 - Police Involvement
 - Severe Alcohol Abuse

Technical Warnings

Haze

Haze is used at the top of the show, prior to audiences entering the theatre. It is strongest upon entering and thins out as the show progresses.

Sound

Performers in the show are not amplified with microphones. There are moments of yelling and intense choral speaking that get loud but it is never overwhelming due to the lack of amplification.

There are sound cues throughout the show coming through speakers throughout the space that make it feel like the sound is surrounding you. These sounds can feel intense and somewhat overwhelming due to the nature of the piece but are never overly loud. See detailed time stamps of heightened moments below.

Lighting

The lighting throughout the show is fairly relaxed. There are moments of pulsing and some quick moving snaps however they are generally softened by the presence of ambient light. There is one moment of strobing light and a few blackouts. See detailed timestamps below.

Detailed Warnings

- 0:05:40 Mild pulsing light
- 0:18:26 Flash of light
- 0:19:20 - 0:20:07 Mild physical fighting with gradually increasing ensemble noise
- 0:45:30 Lighting snap and abrupt sound cue
- 0:49:50 Gradually increasing cricket noises
- 0:58:38 - 1:01:47 Pulsing light and yelling, increased surrounding ambient noise
- 1:16:57 Recounting parental physical assault
- 1:21:50 Snap to darkness and loud yell
- 1:23:50 - 1:24:15 Recounting parental mental and physical abuse. Strobing spot light and screaming.

Presence of a Minor

A minor is featured throughout small moments of the show. They are supervised by a child minder at all times and are kept away from the content of the show until they are needed on stage.

Intimacy and Fight Director

Christina Fox, a trained intimacy and fight director, insured throughout the rehearsal process that actors are kept mentally and physically safe throughout the run of the show. All physical violence is carefully choreographed and safe and actors have been given tools to keep themselves emotionally regulated throughout the show and mentally separated from the work following the show.

Access Measures

Physical Accessibility

This is a fully physically accessible venue. Seating within the theatre is general admission, and accessible seating requests can be sent to boxoffice@jackmanperformance.ca prior to the show.



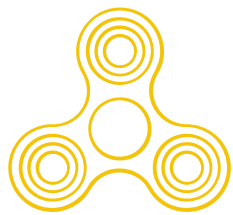
Relaxed Environment

We want everyone to feel comfortable responding how they need to during the play. We will have relaxed entrances and exits, with ushers to guide the way. We ask that audiences exit behind the risers as opposed to crossing in front of the stage.



Quiet Space

To get a way from the crowds and the noise of the theatre you are welcome to take a break in our Quiet Space at any point before, during and after the show. It will be set up with comfortable places to sit and stocked with fidgety toys and earplugs

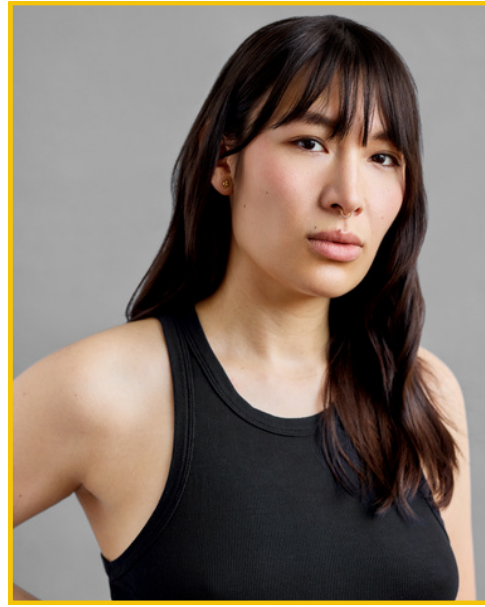


The Cast



Marta Armstrong

DAISY



Liz Der

WARD



Philippa Domville

LULL



Vivien Endicott-Douglas

VIC

The Cast



Noa Simone Furlong
DAISY



Bria McLaughlin
AGO



Sofía Rodríguez
GRIND



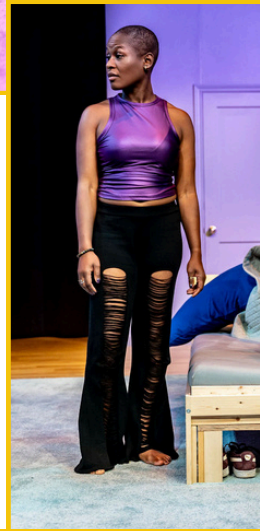
Emerjade Simms
SHAM

The Set

This is the set, and it stays this way for the entire show, while the bed moves throughout. It is a large open room, with two walls on the left and right, and a single door upstage center. The entire floor is covered in a grey carpet. There will be some props dropping from the ceiling, including hair and flower petals.



Costumes



Community Engagement Activities

SEPT
21

Exploring the Mind in Parts

Join us to discuss how inner personas can serve as coping mechanisms with our panellist Judy Rebick. This legendary Canadian activist has bravely reflected her journey of navigating eleven distinct personalities developed in response to traumatic events. Playwright Chelsea Woolley will join to moderate the conversation.

SEPT
24

Infusing Care Into Work

Join key members of the Enormity team, playwright Chelsea Woolley, Intimacy & Fight Director Christina Fox, and Nightwood Managing Director Naz Afsahi, for a vital conversation on how compassion and safety are woven into every step of the creative process. This panel will explore the duty of care, from the first word on the page to the final curtain call.

SEPT
26

Cast Talkback

Have a chat with the cast of Enormity! Join members of this dynamic ensemble to unpack their experience working on this piece.

SEPT
30

Through the Shelter Process

Hear from local experts who are on the front lines of Toronto's shelter system. We're pleased to welcome Harmony Adzido (YWCA) and Deepa Mattoo (Barbra Schlifer Commemorative Clinic) to discuss the urgent challenges facing Toronto.

They will provide critical insights into the current climate and future direction of shelters, legal clinics, and domestic violence health care, exploring how systemic barriers intersect to impact survivors.

OCT
1

Cast Talkback

Have a chat with the cast of Enormity! Join members of this dynamic ensemble to unpack their experience working on this piece.

The Venue

Nightwood Theatre's new home is Nancy & Ed Jackman Performance Centre, located at 877 Yonge Street. The closest major intersection is Bloor and Yonge, and Bloor-Yonge Station is the closest accessible subway station. From Bloor-Yonge it is about a 7 minute walk or 500 meter journey. Rosedale Station is also nearby and is a quieter station option, however it is not physically accessible. From Rosedale it is about a 5 minute walk or 350 meter journey to the venue. This is the entrance to the space



Entering

Once you arrive, an usher will scan your ticket, and you will head down 4 flights of stairs and through a set of glass doors that will be propped open to enter the space. Alternatively, you may use the staff-operated elevator.



The Lobby

This is the lobby! If you are using the stairs, upon entering the lobby the box office, concessions and the entrance to the theatre will all be to your left. If you are using the elevator, they will be to your right upon exiting the lower level room pictured above.



The box office will be the first counter on your right. Here you can pick up or purchase your tickets, or request any accommodations that you may need during your time at the theatre.



The concession stand will be the second counter on your right. You are welcome to take food and drinks in to the theatre space.



Both counters have accessible counter height options.

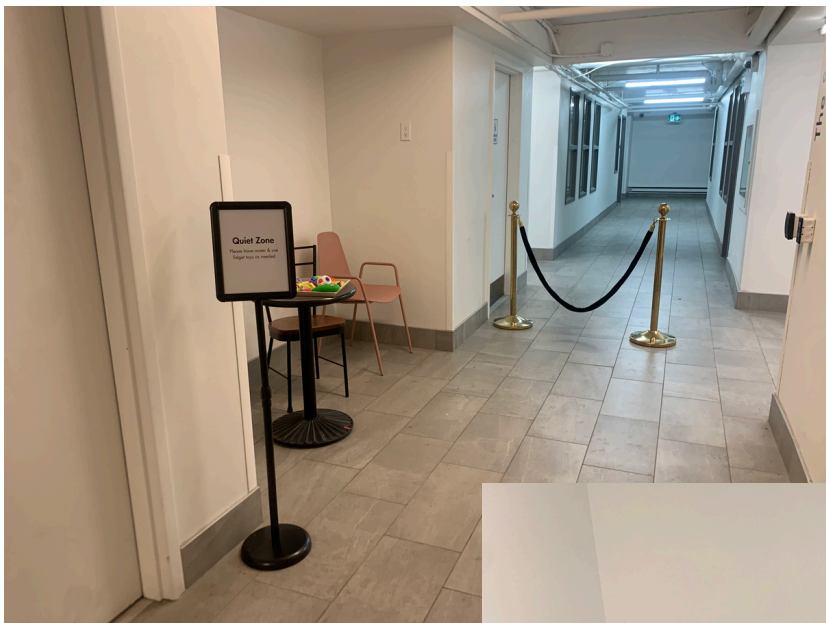
The Performance Space

The entrance to the Performance Hall is through a door on your left. Upon entering, the stage is to your right, and the raked audience seating is in front of you. Accessible seating is located in the front row on the right side of the audience, right where you enter. Seating is ticketed and an usher will be available to help you find your seat upon request. Please speak with the Box Office if you require a seat change.



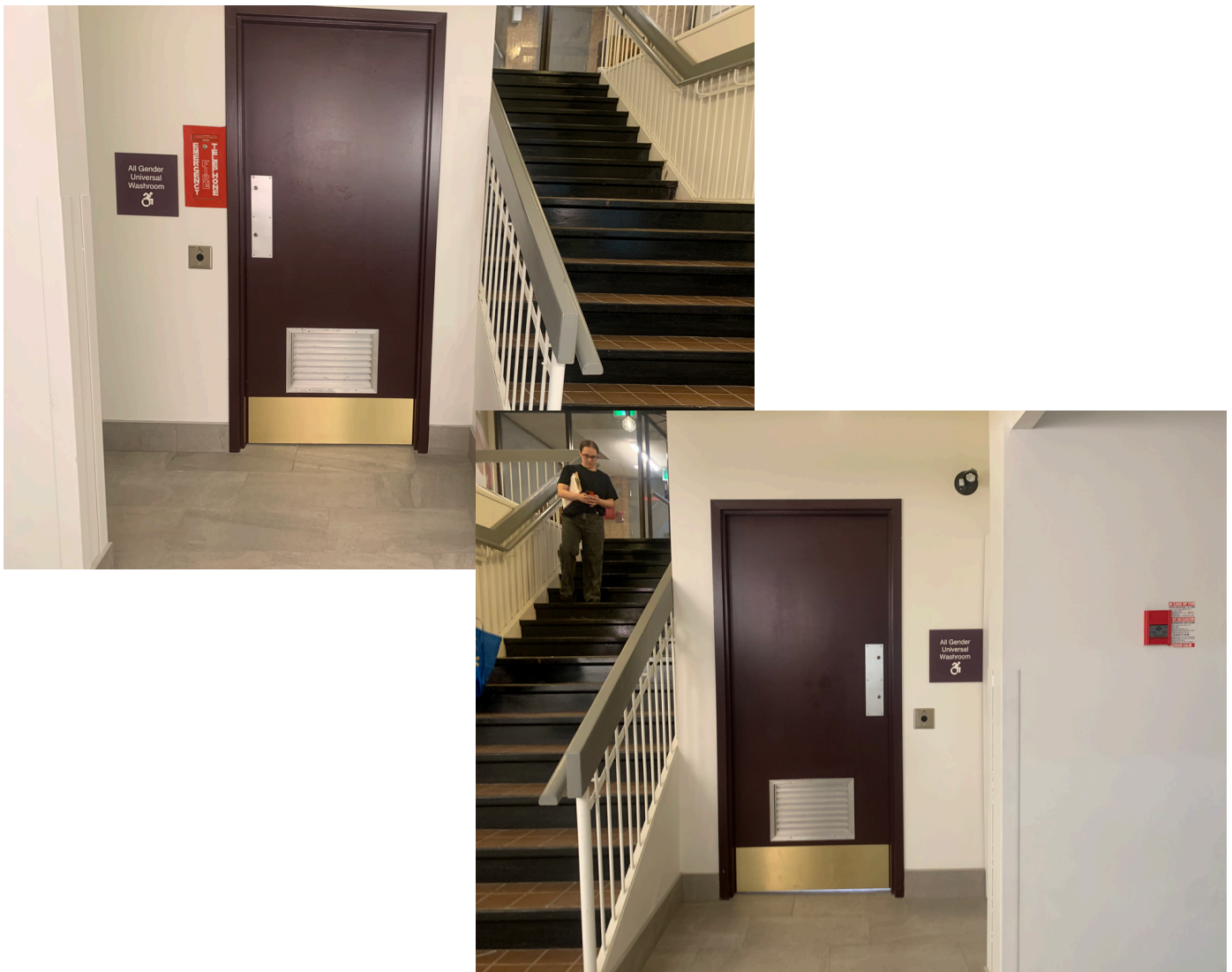
Quiet Space

When you enter the lobby, you will turn right to find the Quiet Space in the nook on your left. It will be set up with comfortable places to sit and stocked with fidget toys, earplugs and a copy of the access guide. Feel free to use this space at any point during your time at the theatre to take a break from the noise and crowds.



Washrooms

The venue has two all gender, universal washrooms. These washrooms are on either side of the staircase that you used to enter the building. Both washrooms have several single stalls and one large accessible stall. Both washroom entrances have wave-to-open buttons, and the washroom to the left has a private accessible stall with a wave-to-open button.



Elevator

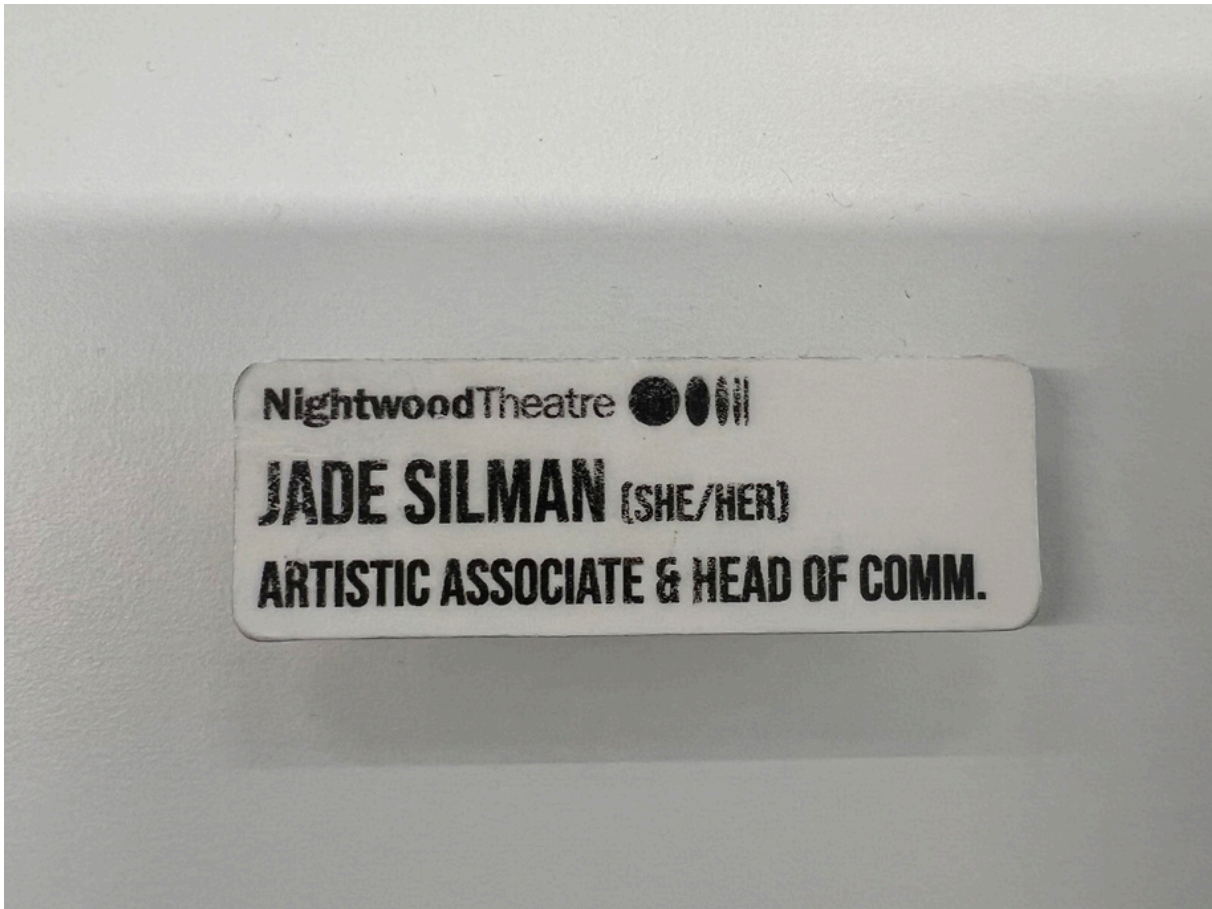
There is a staff operated elevator that you are more than welcome to use to enter the space. The usher at the front entrance will lead you there upon request.



Upon exiting the elevator, you will be in the room pictured above, and you will head through the doorway to enter the lobby. From here, the box office, concessions and entrance to the performance space will be to your right.

Staff & Volunteers

Our staff and volunteers will be at the entrance of the venue to scan your tickets as well as at the box office and roaming throughout the space to support you with whatever you may need. They will be wearing all black and a name tag that looks like this



ENORMITY, GIRL, AND THE EARTHQUAKE IN HER LUNGS

Written by Chelsea Woolley | Directed by Andrea Donaldson
SEPT 16 - OCT 5, 2025 | NANCY & ED JACKMAN PERFORMANCE CENTRE



Photo of Liz Der, Vivien Endicott-Douglas, Philippa Domville, and Sofia Rodriguez by Dahlia Katz.

NightwoodTheatre ●●|| TARRAGON

We can't wait for you to join us!

If you have any questions, please don't
hesitate to reach out to our Front of
House Team at:

boxoffice@jackmanperformance.ca

416-944-1740, option 6

This guide was created by The Disability Collective

the disability collective